

Vitamin C 500 Gummies

Orange Flavor

Vitamin C 500 Gummies Supplementation

In today's fast-paced world, maintaining immune resilience and cellular integrity is crucial for everyone—particularly those facing oxidative stress or immune challenges.* Vitamin C 500 Gummies are designed to offer more than just basic nutritional support; they're a scientifically formulated supplement targeting the cellular and systemic mechanisms essential to optimal health.* This powerhouse blend combines dual-action vitamin C (in both ascorbic acid and buffered calcium ascorbate forms) with niacinamide, all in one convenient (and delicious) gummy.* The result is versatile and amplified daily support for a patient's immune resilience, skin health, and overall cellular function.*

Benefits of supplementing with Vitamin C 500 Gummies may include:

- Antioxidant support to promote healthy oxidative stress response*
- Supports healthy cellular energy*
- Supports nervous system health and cognitive function*
- Promotes collagen production for healthy skin, bones, and skeletal health*
- Promotes exercise capacity*

How Vitamin C 500 Gummies Work

Vitamin C for Targeted Immunity and Antioxidant Defense*

Vitamin C is well-documented for its role in stimulating the innate and adaptive immune responses.*¹ Ascorbic acid functions as a potent antioxidant, neutralizing free radicals that can affect immune cells and cellular DNA.* By reducing oxidative stress, vitamin C supports the proliferation and differentiation of lymphocytes, macrophages, and neutrophils, thereby fortifying the body's first line of defense.*² In addition to ascorbic acid, this formulation features calcium ascorbate, a buffered form of vitamin C that is less acidic, promoting gentle absorption even for patients with gastrointestinal issues.*³ This dual-form delivery ensures steady bioavailability, maximizing immune readiness and antioxidant protection across multiple systems.*



How Vitamin C 500 Gummies Work Continued

Niacinamide for Cellular Energy and Skin Health*

Niacinamide, a biologically active form of vitamin B3, plays a pivotal role in cellular energy metabolism and DNA repair.* It functions as a precursor to nicotinamide adenine dinucleotide (NAD+), a coenzyme central to energy transfer within cells. Increased NAD+ availability enhances mitochondrial function, supporting sustained energy production.*⁴ Additionally, niacinamide is increasingly valued for skin health, where it helps maintain healthy barrier function, improves hydration, and supports the skin's natural repair processes.*⁵ This makes Vitamin C 500 ideal for patients seeking comprehensive immune and skin support, especially for those exposed to environmental stressors.*⁶

Supplement Facts

Serving Size: 3 Gummies

Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	20	
Total Carbohydrate	10 g	4%
Dietary Fiber	3 g	11%
Vitamin C (as ascorbic acid and calcium ascorbate)	500 mg	556%
Niacin (as niacinamide)	16 mg NE	100%
L-Glutathione	10 mg	**
D-Ribose	3 mg	**

Other Ingredients: Allulose, tapioca fiber, pectin, purified water, monk fruit extract, medium chain triglycerides, natural orange flavor, citric acid, sodium citrate, natural orange color (from oranges).

Directions: Take three gummies daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

1. Carr AC, Maggini S. *Nutrients*. 2017;9(11):1211.
2. Zylinska L, Lisek M, Guo F, Boczek T. *Antioxidants*. 2023;12(2):231.
3. Dickerson B, Gonzalez DE, Sowinski R, et al. *Nutrients*. 2024;16(19):3358.
4. Benavente CA, Jacobson MK, Jacobson EL. *Curr Pharmacol Des*. 2009;15(1):29-38.
5. Boo YC. *Antioxidants*. 2022;11(9):1663.
6. Dattola A, Silvestri M, Bennardo L, et al. *Nutr Rep*. 2020;9:226-235.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com